

EFFECTIVE LEADERSHIP COACHING IN PRACTICE

OVERVIEW

This course provides leaders with a framework that describes the different styles of leadership (directing, mentoring and coaching) and explains why leaders need to be able to access all three styles of leadership depending on the circumstance. The course then goes on to specifically teach the skills of a coaching style. This is a very helpful method for empowering direct reports in a sustainable way, that also has a positive motivational impact.

KEY OUTCOMES

Provide leaders with an understanding of where coaching fits in

Introduces the key skills of including coaching including listening, questioning and reflecting

Provides a framework for the steps of a coaching conversation based on the GROW model

WHO SHOULD ATTEND

Individuals who are responsible for leading and managing people and/or teams.

DURATION

1-day workshop.

DETAILS

Facilitated virtually or in-person.